2012 Guide to Hershey
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Welcome to Hershey!

This booklet was organized by the Graduate Student Association (GSA) and the Postdoctoral Society to help you get acquainted with your new home. Please take time to flip through this booklet as it offers important campus phone numbers, directions to nearby places of interest, and our favorite local restaurants and bars. This booklet is by no means comprehensive, so if there is something you cannot find please ask around or feel free to contact any GSA officer. We will gladly help! If you have any suggestions for information to be added to next year’s version, please let us know.

For additional information refer to the following websites:
www.pennstatehershey.org/web/gsa
www.hersheypa.com
www.pennlive.com
www.visithersheyharrisburg.org

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Local Stores

**Grocery Stores:**

Giant Food Stores
www.giantfoodstores.com
1250 Cocoa Ave, Hershey (312-0725)
277 Hershey Road, Hummelstown (256-0050)
450 East Main Street, Middletown (948-1607)

Weis Markets
www.weismarkets.com
1130 Main Street, Hummelstown (533-2447)
910 East Main Street, Palmyra (838-6823)

Karns Quality Foods
www.karnsfoods.com
731 Cherry Drive, Hershey (533-6445)
101 S. Union Street, Middletown (944-7486)

Redner's Warehouse Markets
www.rednersmarkets.com
110 Northside Crossings, Palmyra (838-5403)

Pronio's Market
236 W. Caracas Avenue, Hershey (533-2869)

Wegman's
www.wegmans.com
6416 Carlisle Pike, Mechanicsburg (791-4500)

**International Food Stores:**

Tu Do Grocery
2223 Derry Street, Harrisburg (558-0204)

India Groceries and Fashions
3918 Jonestown Road, Harrisburg (525-7563)

Kim's Oriental Food
2501 Paxton Street, Harrisburg (238-3405)

Sabji Basar
45 N. Progress Avenue, Harrisburg

Little Saigon Food Market
2800 Paxton Street, Harrisburg (561-2827)

Al Madina Halal Meat and Grocery
441 S. Front Street, Steelton (939-6777)

Hampden Grocer (Asian Indian)
4704 Carlisle Pike, Mechanicsburg (737-9312)

Hajmas African Market
1921 Derry Street, Harrisburg

Mexican Grocery
900 Eisenhower Boulevard, Harrisburg (939-5062)

Goldy Market (Eastern European)
110 Old York Road, New Cumberland (774-4142)

**Farmers Markets:**

Farmers Market in Hershey
Next to Cocoa Beanery and HCAR
Thursday, May through November

Farmers Market in Lebanon
www.farmersmarket.com
35 S. 8th Street, Lebanon (274-3663)
Thursday through Saturday

Farmstead Farmers Market
www.farmsteadmarket.com
1976 Laundermill Road, Palmyra (469-2606)
Friday and Saturday

Saturday's Market
www.saturdaysmarket.com
3751 E. Harrisburg Pike, Middletown (944-2555)
Saturday only

West Shore Farmers Market
www.westshorefarmersmarket.com
900 Market Street, Lemoyne (737-9881)
Tuesday, Friday, and Saturday
Pharmacies:

Penn State Hershey Outpatient Pharmacy
University Physician Center, Suite 1200 (531-8094)

Hershey Pharmacy
731 Cherry Drive, Hershey (534-1300)

Palmyra Pharmacy
22 E. Main Street, Palmyra (838-1300)

Rhoads Pharmacy
17 W. Main Street, Hummelstown (566-2525)

Hershey Pharmacy
731 Cherry Drive, Hershey (534-1300)

Rite Aid
337 W. Chocolate Avenue, Hershey (533-2941)
980 E. Main Street, Palmyra (838-8878)
360 E. Main Street, Middletown (944-0262)

The Medicine Shoppe
30 W. Main Street, Palmyra (838-6355)

Pharmacies are also located in local grocery stores (Giant, Weis, and Karns), as well as Walmart, Kmart, and Target.

Hair Salons and Barbers:

Hershey:
Steele Salon
15 Briarcrest Square (520-1644)
Alfred’s Hair Studio
1416 E. Chocolate Avenue (534-1644)
Tantrum
20 Valley Road (557-9117)
Holiday Hair
724 W. Chocolate Avenue (534-9819)
Today’s Design by Julia
20 Linden Road (534-1357)
Waves of Style
125 Hillcrest Drive (533-9787)

Downstreet Salon
1136 Cocoa Avenue (533-6828)
Styles on Chocolate
1624 E. Chocolate Avenue (520-0505)
Edward’s Styling Salon
527 W. Chocolate Avenue (533-4247)
Salon Ruby
1742 E. Chocolate Avenue (534-2577)
Artistic Expressions in Hair
110 W. Chocolate Avenue (520-0527)
Cutting Edge
40 Hockersville Road (533-2299)

Park Avenue Salon & Spa
16 E. Derry Road (520-0200)
Leo Frittelli Salon & Day Spa
832 E. Chocolate Avenue (533-5100)
The Barber Shop
744 E. Chocolate Avenue (531-2887)
Looks Unlimited
1028 E. Chocolate Avenue (533-1028)
Elan Center for Rejuvenation
1126 Cocoa Avenue (508-3526)

Hummelstown:
Supercuts
593 E. Main Street (583-0525)
One Twenty Eight & 1/2A Hair
128 ½ E. Main Street (566-7272)
Trend 5 Salon
10 W. Main Street (566-2455)
Clipper Chx
424 Walton Avenue (566-1422)

Gemini Hair Fashions
39 E. Main Street (566-7065)
Salon Dechene
35 E. 2nd Street (566-2200)
Being Mind Body Spirit
515 E. Main Street (220-1176)

Headquarters
318 E. 2nd Street (566-0623)
Holiday Hair
245 Hershey Road (566-7676)
Tudy’s Towne Styling
49 E. Main Street (566-1400)
Beverage Distributors/Liquor Stores:
PA state laws on alcohol require alcoholic beverages be purchased from distributors or state-run stores.
The Beer Stop – 744 E. Chocolate Avenue, Hershey (520-5220)
Hummelstown Beverage Distributor – 659 E. Main Street, Hummelstown (566-8231)
Beer Zoo – 6301 Grayson Road, Harrisburg (561-2217)
Brass Rail Beverage – 2828 Horseshoe Pike, Campbelltown (838-9200)
Corby Beverage Center – 209 E. Main Street, Middletown (944-5861)
Tonys Beverage – 100 Brown Street, Middletown (944-7102)
Wine & Spirits Store – 731 Cherry Drive, Hershey (534-2810)
Wine & Spirits Store – 1158 Mae Street, Hummelstown (534-2494)
Wine & Spirits Store – 901 E. Main Street, Palmyra (473-1213)
Wine & Spirits Store – 450 E. Main Street, Middletown (948-3533)

Car Repairs/Routine Maintenance:
Dan's Auto Body – 359 Gates Road, Hershey (533-6050)
Hershey Auto Care – 503 W. Chocolate Avenue, Hershey (533-4100)
Meineke Car Care Center – 1401 E. Chocolate Avenue, Hershey (534-1310)
Valvoline Instant Oil Change – 1215 E. Chocolate Avenue, Hershey (533-6002)
Goodyear Auto Service Center – 1151 Main Street, Hummelstown (533-6304)
Creekside Automotive – 104 N. Hanover Street, Hummelstown (566-6064)
Palmyra Auto Service – 130 W. Main Street, Palmyra (838-6385)

Malls:
Colonial Park – Route 22 and Colonial Road, Harrisburg (545-3771)
www.colonialparkmall.com Anchors: Boscov’s, Bon-Ton, and Sears
Harrisburg Mall – 3501 Paxton Street, Harrisburg (564-0980)
www.shopharrisburgmall.com Anchors: Bass Pro Shops, Macy’s, and Great Escapes Theatre
High Pointe Commons – High Pointe Boulevard, Harrisburg
Anchors: Target, JCPenny, Christmas Tree Shops, Kelly’s Sports, and Gold’s Gym
Capital City Mall – 3506 Capital City Mall Drive, Camp Hill (737-1578)
www.shopcapitalcitymall.com Anchors: Sears, Macy’s, and JCPenny
Camp Hill Shopping Center – 3307 East Trindle Road, Camp Hill
Anchors: Boscov’s, Barnes & Noble, Pier 1 Imports, Staples, LA Fitness, and Giant Food Store
Lebanon Valley Mall – 2231 Lebanon Valley Mall, Route 422, Lebanon
www.lebanonvalleymall.com Anchors: Boscov’s, Hobby Lobby, and Great Escapes Theatre
Park City Center – 142 Park City Center, Lancaster (393-3851)
www.parkcitycenter.com Anchors: Boscov’s, Bon-Ton, Kohl’s, Sears, and JCPenny
King of Prussia Mall – 160 North Gulph Road, King of Prussia (610-265-5727)
www.kingofprussiamall.com
Anchors: Macy’s, Bloomingdales, Lord & Taylor, Neiman Marcus, Nordstrom, JCPenny, and Sears

Outlet Shopping:
Tanger Outlets Hershey – 46 Outlet Square, Hershey
www.tangeroutlets.com/hershey
Tanger Outlets Lancaster – 311 Stanley K. Tanger Boulevard, Route 30, Lancaster
www.tangeroutlets.com/lancaster

Rockvale Outlets – 35 S. Willowdale Drive, Route 30, Lancaster
www.rockvaleoutletslancaster.com

Other Stores:
Kmart www.kmart.com
1170 Mae Street, Hummelstown (533-8020)
5050 Jonestown Road, Harrisburg (652-4770)

Walmart www.walmart.com
100 N. Londonderry Square, Palmyra (838-0800)
6535 Grayson Road, Harrisburg (561-8402)

Lowes www.lowes.com
70 N. Londonderry Square, Palmyra (473-2030)
4000 Union Deposit Road, Harrisburg (540-0660)

Home Depot www.homedepot.com
5101 Jonestown Road, Harrisburg (651-9699)
4200 Derry Street, Swatara (558-8105)

IKEA www.ikea.com
Baltimore
8352 Honeygo Boulevard (410-931-5400)

Conshohocken (Philadelphia)
400 Alan Wood Boulevard (610-834-1520)

Route 22 / Jonestown Road / Allentown Boulevard:
Route 39 North to Route 22 West.

Restaurants:
Red Lobster Olive Garden Applebee’s El Rodeo
Atlanta Bread Co. Old Country Buffet Five Guys Burgers Chipotle
Cold Stone Creamery Grand Buffet (Chinese) Starbucks

Shopping:
Best Buy hhGregg Office Max SuperPetz
GameStop Goodwill Pier I Imports Michael’s
Babies ’R Us Target Books a Million Bed Bath & Beyond
Kohls Dick’s Sports Goods Ollie’s Bargain Outlet Old Navy
Marshalls Ross Party City Gander Mountain
Famous Footwear Men’s Warehouse Lay-Z Boy Furniture Value City Furniture
NB Liebman Furniture
Eateries & Nightlife

This is by no means an exhaustive list of all restaurants and bars in the Hershey area. These are just some of the more popular and/or less expensive places we recommend.

Cafes and Bakeries:
CocoaPerk  www.cocoaperkcafe.com  Panera Bread  www.panerabread.com
1130 Cocoa Avenue, Hershey  (312-1444)  1178 Main Street, Hummelstown  (533-5242)
Cocoa Beanery  Dunkin Donuts
1215 Research Boulevard, Hummelstown  (508-5986)  605 Park Avenue, Hershey  (889-1427)
Hershey Lodge and Convention Center
The Hotel Hershey
Café Zooka
63 W. Chocolate Avenue, Hershey  (508-5438)

Local Restaurants:
Batdorf Restaurant – 245 W. Main Street, Annville  www.batdorfrestaurant.com  (867-0113)
Good food. Indoor/outdoor “Pub Tiki”. Building dates back to 1788.

Black Gryphon – 54 Mt. Gretna Road, Elizabethtown  www.blackgryphon84.com  (367-1859)
“Be Strange…Eat Fresh.” Local, fresh ingredients. Fairly expensive.

Bube’s Brewery – 102 N. Market Street, Mount Joy  www.bubesbrewery.com  (653-2056)
19th century brewery and museum. 4 restaurants – The Catacombs, Alois, Bottling Works, and Biergarten. Special events nightly.

Café Campbelltown – 1028 E. Governor Road, Hershey  www.cafecampbelltown.com  (533-5150)

Chocolate Avenue Grill – 114 W. Chocolate Avenue, Hershey  www.chocolateavenuegrill.com  (835-0888)
Cocoa Diner – 509 E. Main Street, Hummelstown  (566-6002)
Open 24 hours, except Monday 11pm to Tuesday 6am

Dafno’s Italian Grille – 1190 W. Chocolate Avenue, Hershey  www.dafnos.com  (533-8999)

Duke’s Bar & Grille – 1715 E. Chocolate Avenue, Hershey  www.dukesbarandgrille.com  (533-5541)

Fenicci’s of Hershey – 102 W. Chocolate Avenue, Hershey  www.feniccis.com  (533-7159)

Fire Alley – 1144 Cocoa Avenue, Hershey  www.firealley.net  (533-3200)

Guido McNeals – 9 E. Main Street, Middletown  (930-0466)

Hershey Lodge – 325 University Drive, Hershey  www.hersheylodge.com/dining  (534-8601)
Hershey Grill – contemporary cuisine with locally grown ingredients and eclectic wine list
The Forebay – gourmet dining in a casual atmosphere

Hershey Pantry – 801 E. Chocolate Avenue, Hershey  www.hersheypantry.com  (533-7505)
Great breakfasts. Prepare to wait, there is always a line.

Highlands Grill – 101 Hanshue Road, Hummelstown  (508-2699)

Trevi 5 – Contemporary Italian cuisine
Harvest – Fresh, local, seasonal ingredients

Jo-Jo’s Pizza – 1120 Cocoa Avenue, Hershey (534-2533) and 1 E. Main Street, Hummelstown (566-9521)

Lucky Ducks (formerly Flaver’s) – 45 N. Market Street, Elizabethtown www.luckyducksbarandgrille.com (361-4041)

Pavone’s Restaurant – 300 S. Hershey Road, Harrisburg www.pavonesrestaurant.com (545-2338)

Piazza Sorrento – 16 Briarcrest Square, Hershey www.piazzasorrento.com (835-1919)
Both upscale Italian and pizza shop (Mr. Sorrento’s Pizza). Gluten free menu options.

The Soda Jerk – 403 E. Main Street, Hummelstown www.sodajerkdinerhershey.com (566-7707)
1950s style diner with good prices and great ice cream.

T. J. Rockwell’s – 800 Mt. Gretna Road, Elizabethtown www.tjrockwells.com (367-5544)
Very popular. Great outdoor deck. Over 60 types of bottled beer. All you can eat Seafood Feast on Thursday and Sunday during the summer.

The Warwick Hotel and Restaurant – 12 W. Main Street, Hummelstown www.warwickhotelc.om (566-9124)
Nice outdoor deck.

What If…of Hershey – 845 E. Chocolate Avenue, Hershey www.whatifdining.com (533-5858)

Chain/Regional/National Restaurants:
Applebee’s – 1181 Mae Street, Hummelstown www.applebees.com (566-8399)

Bob Evans – 650 Walton Avenue, Hummelstown www.bobevans.com 566-1545

Devon Seafood Grill – 27 W. Chocolate Avenue, Hershey www.devonseafood.com (508-5460)
Upscale seafood restaurant. Fresh fish and seafood flown in daily from around the world.

Friendly’s – 1000 Reese Avenue, Hershey www.friendlys.com (533-4190)

Fuddruckers – 1221 W. Chocolate Avenue, Hummelstown www.fuddruckers.com (533-5446)

Hoss’s Steak & Sea House – 9009 Bridge Road, Hummelstown www.hoss.com (566-8799)

Houlihan’s – 27 W. Chocolate Avenue, Hershey www.houlihans.com (534-3110)
Nice outdoor deck, almost always a wait.

Isaac’s Deli – 597 E. Main Street, Hummelstown www.isaacsdeli.com (544-9665)

Olive Garden – 5102 Jonestown Road, Harrisburg www.olivegarden.com (540-9904)

Outback Steakhouse – 3527 Union Deposit Road, Harrisburg www.outback.com (564-5082)

Pizza Hut – 675 E. Main Street, Hummelstown www.pizzahut.com (566-7213)

Red Lobster – 4300 Jonestown Road, Harrisburg www.redlobster.com (657-1978)

Red Robin – 621 Park Avenue, Hershey www.redrobin.com (520-1776)
Texas Roadhouse – 61 N. Londonderry Square, Palmyra  [www.texasroadhouse.com]  (838-1400)

TGI Friday’s – 3882 Union Deposit Road, Harrisburg  [www.tgifridays.com]  (652-4227)

The Melting Pot – 3350 Paxton Street, Harrisburg  [www.meltingpot.com]  (564-6358)

*Upscale Fondue experience.*

**Fast Food:**
- **Burger King** – 9 N. Londonderry Square, Palmyra
- **Kentucky Fried Chicken** – 603 E. Main Street, Hummelstown
- **McDonald’s** – E. Main Street, Hummelstown; 901 E. Main Street, Palmyra
- **Sonic** – 81 N. Londonderry Square, Palmyra
- **Taco Bell** – 570 Walton Avenue, Hummelstown
- **Wendy’s** – E. Main Street, Hummelstown; 615 Park Avenue, Hershey; 743 E. Main Street, Palmyra

**International Restaurants:**

**Indian and Middle Eastern:**
- **Aangan** – 3500 Walnut Street, Harrisburg  (909-7777)
- **Bombay Junction** – 6499 Carlisle Pike, Mechanicsburg  [www.bombayjunction.com]  (697-4282)
- **Passage to India** – 520 Race Street, Harrisburg  [www.passagetoindiaharrisburgpa.com]  (233-1202)
- **Sphinx of PA Egyptian Restaurant** – 2810 Paxton Street, Harrisburg  (558-0702)
- **Zahra Restaurant** – 4830 Carlisle Pike, Mechanicsburg  [www.eatatzhara.com]  (412-0750)

**Asian:**
- **Bangkok Wok Thai** – 125 Gateway Drive, Mechanicsburg  [www.bangkokwok.com]  (795-7292)
- **Benihana** – 2517 Paxton Street, Harrisburg  [www.benihana.com]  (232-6731)
- **Fuji Do** – 1701 Paxton Street, Harrisburg  [www.fujidosushi.com]  (232-1437)
- **Kanlaya Thai Restaurant** – 1030 S. 13th Street, Harrisburg  [www.kanlayathairestaurant.com]  (233-0222)
- **Sakura Do** – 1144 E. Chocolate Avenue, Hershey  (534-2099)
- **Spring Garden Korean Japanese Restaurant** – 3608 Market Street, Camp Hill  [www.koreanspringgarden.net]  (737-0238)
- **Thai Palace** – 3608 Market Street, Camp Hill  (763-8800)
- **Wasabi Bistro** – 1311 E. Chocolate Avenue, Hershey  [www.pasushi.net]  (533-9900)

**Mexican:**
- **El Rodeo** – 4659 Jonestown Road, Harrisburg  [www.elrodeopa.com]  (652-5340)
- **Fiesta Mexico** – 3957 Paxton Street, Harrisburg  [www.fiestamexicopa.com]  (920-1553)
- **Luna** – 1201 W. Chocolate Avenue, Hummelstown  [www.lunahershey.com]  (298-7900)
- **Sierra Madre Saloon** – 4035 Market Street, Camp Hill  (763-1277)

**Bars:**
- **Appalachian Brew Company (ABC)**  [www.abcbrew.com]  (221-1080)

*Nice deck. Go for the ABC drafts. Brewery tours available on Saturdays.*


*Known for their hot wings*

- **Bear’s Den** – University Drive, Hershey – located in the Hershey Lodge  (520-5442)

- **Boro Bar & Grill** – 401 E. Main Street, Hummelstown  [www.borobar.com]  (566-5142)
Chameleon Club – 223 N. Water Street, Lancaster  www.chameleonclub.net  (299-9684)
*Live bands several nights a week.*

Chick’s Tavern – 120 E. 2nd Street, Hummelstown  www.chickstavern.com  (566-2293)
*Live bands every Friday. No cover charge.*

Gas Station Kitchen & Bar – 288 E. Main Street, Hummelstown  www.thegasstation.us  (566-5086)

Just Wing It – 761 Cumberland Street, Lebanon  (270-9464)
*125 flavors of wings*

Overtime Sports Bar & Grille – 312 Mill Street, Hershey  (533-9824)
*Also known as “Shakey’s.”*

Parkside Bar & Grill – 3 E. Derry Road, Hershey
*Biker bar* with good food and cheap prices.

Sierra Madres Saloon – 4035 Market Street, Camp Hill  (763-1277)
*Very small Mexican style bar but usually a good DJ and lots of fun. Huge Cinco de Mayo party.*

The Village Nightclub – 205 N. Christian Street, Lancaster  www.villagenightclub.com  (397-5000)
*Live bands on Saturdays. $2 cover charge with college ID.*

Troeges Brewing Company – Hersheypark Drive, Hershey  www.troeges.com  (534-1297)
*Tasting room and brewery tours.*

Wanda’s Deck and Beach Club – Carlisle Pike, Mechanicsburg  (697-0321)
*Dance club with a large outdoor deck and beach volleyball. Usually has a cover charge.*

Underdog Sports Bar & Grill – 3100 Paxton Street, Harrisburg  www.underdogsportsbarandgrill.com  (564-5150)
*Famous for their wings. 16 beers on tap.*

Your Place – 1077 W. Governor Road, Hershey  www.yourplace.biz  (533-6140)
*Good happy hour specials.*
Guide to Harrisburg

Second Street:
Explore downtown Harrisburg for places to eat and hang out. There are lots of restaurants, a few dance clubs, martini bars and plenty of just regular old bars. Most places are directly on Second Street, but you can also go off onto the side streets to find some other fun places to hang out. To get there, take 322 West to I-83 South to the 2nd Street Exit. There is parking on the street, but make sure that you feed the meters if you are there on weekdays. There are also several parking garages nearby. Below is a short list of some of the bars and restaurants on 2nd street.

- Arooga’s – sports bar
- Café Fresco – restaurant
- Cragin’s Brick Haus – German bar
- Eclipse/Hardware Bar – dance club
- Firehouse – restaurant
- McGrath’s – Irish pub
- Molly Brannigans – Irish pub
- Spice – restaurant
- Stocks on 2nd – restaurant/bar
- Tom Sawyer’s Diner – diner/bar
- Zembies – sports bar
- The 501 Club – bar/dance club
- Neato Burrito - restaurant

City Island:
If you go to Harrisburg and make a left onto Market Street you’ll find yourself on a bridge that leads to City Island. Outdoor music & food festivals are held here during the summer. The Harrisburg Senators (baseball) and Harrisburg CityIslanders (soccer) are both minor league professional sports teams that play on the island.

RiverSide:
To get to the RiverSide/Wormleysburg area, continue across city island and then make a right. There are a few restaurants directly on the river in Wormleysburg. Most have outdoor bars and decks that are nice during the summer, including Dukes on the River, Catalano’s, and Cronies.

Entertainment

Movie Theatres:
- Cocoaplex Cinemas – 1150 Cocoa Avenue, Hershey (312-1300)
- Allen Theatre & Coffee House – 36 E. Main Street, Annville (867-4766)
- Great Escape Lebanon Valley Mall – Lebanon Valley Mall, Lebanon (389-0290)
- Colonial Park 4 – Colonial Park Mall, Harrisburg (652-0312)
- Great Escape 14 – Harrisburg Mall, Harrisburg (724-0004)
- Regal Cinemas – 1500 Caughey Drive, Harrisburg (526-2140)
- Midtown Cinema – 250 Reily Street, Harrisburg (909-6566)
- Whitaker Center for Science & the Arts (IMAX) – 222 Market Street, Harrisburg (214-2787)

Drive-In Theatre:
Haar’s Drive In Theatre – 185 Logan Road, Dillsburg (432-3011) [www.haars.com/drive-in.htm]

Video Rental:
RedBox – Located in Giant, Karns, and many other locations throughout the area [www.redbox.com]
Blockbuster Express – Located at Sheetz (658 E. Main Street, Hummelstown) [www.blockbusterexpress.com]

Symphonies:
- Hershey Symphony Orchestra [www.hersheysymphony.org] (533-8449)
- Central PA Symphony Orchestra [www.centralpasymphony.org] (910-0313)
- Harrisburg Symphony Association [www.harrisburgsymphony.org] (545-5527)
Theatres/Playhouses:
Allenberry Playhouse – 1559 Boiling Springs Road, Boiling Springs  www.allenberry.com  (258-3211)
Carlisle Theatre – 40 W. High Street, Carlisle  www.calisletheatre.org  (258-0666)
Dutch Apple Dinner Theatre – 510 Centerville Road, Lancaster  www.dutchapple.com  (898-1900)
Eichelberger Performing Arts Center – 195 Stock Street, Hanover  www.theeich.org  (637-7086)
Fulton Opera House – 12 N. Prince Street, Lancaster  www.fultontheatre.org  (397-7425)
Hershey Area Playhouse – 830 Cherry Drive, Hershey  www.hersheyareaplayhouse.com  (533-8525)
Hershey Theatre – 15 E. Caracas Avenue, Hershey  www.hersheytheatre.com  (534-3405)
Little Theatre of Mechanicsburg – 915 S. York Street, Mechanicsburg  www.ltmonline.net  (766-0535)
Open Stage of Harrisburg – 223 Walnut Street, Harrisburg  www.openstagehbg.com  (232-OPEN)
Sunoco Performance Theater – 222 Market Street, Harrisburg  www.whitakercenter.org  (214-ARTS)
Timbers Dinner Theatre – 350 Timber Road, Mt. Gretna  www.gretnatimbers.com  (964-3601)
Theatre Harrisburg – 513 Hurlock Street, Harrisburg  www.theatreharrisburg.com  (232-5501)

Fairs/Art Shows:
Kipona ArtFest  www.harrisburgarts.org/kipona  September 1-3, 2012
York Fair  www.yorkfair.org  September 7-16, 2012
Pennsylvania Renaissance Faire  www.parenfaire.com  Weekends, August-October; Other events year-round
Pennsylvania Farm Show  www.farmshow.state.pa.us  January 5-13, 2013

Points of Interest in Hershey:
Hersheypark
100 W. Hersheypark Drive, Hershey
A 100-acre theme park with more than 65 rides and attractions.  www.hersheypark.com  (534-3900 or 1-800-HERSHEY)
Christmas Candy Lane –  www.christmasinhershey.com
Hershey Park in the Dark –  www.halloweeninhershey.com
Springtime in the Park –  www.hersheyinthespring.com

Hershey’s Chocolate World
A FREE simulated tour of the chocolate factory with a sample of chocolate at the end! Also includes several other attractions, food, and shopping. Open daily year-round and free 90 minute parking. Located outside the entrance to Hersheypark.  www.hersheys.com/chocolateworld  (534-4900 or 1-800-HERSHEY)

ZOOAMERICA
201 Park Avenue, Hershey  www.zooamerica.com  (534-3900 or 1-800-HERSHEY)
North American Wildlife Park next to Hershey Park. See over 75 North American species. Included in Hershey Park admission or priced separately. Open year-round and free parking.

Giant Center
550 W. Hersheypark Drive, Hershey  www.giantcenter.com  (534-3911)
An arena seating over 12,000. Home of the AHL Hershey Bears hockey club. Annual events include Disney on Ice, The Ringling Bros., Harlem Globetrotters, and many popular concerts.

Hershey Park Stadium and Star Pavilion
100 W. Hersheypark Drive, Hershey  www.hersheyparkstadium.com
An outdoor stadium and concert pavilion hosting many summer concerts and sporting events throughout the year.
Hershey Gardens and Butterfly House
170 Hotel Road, Hershey  www.hersheygardens.org  (534-3492)
23-acre botanical display featuring an award-winning 3.5 acre rose garden and an outdoor Butterfly House.

The Hershey Story: The Museum on Chocolate Avenue
63 W. Chocolate Avenue, Hershey  www.hersheystory.org  (534-3439)

Founders Hall of The Milton Hershey School
Meadow Lane, Hershey  www.mhs-pa.org/about/campus-buildings/founders-hall  (520-2000)
A tribute to Milton Hershey and his wife, Catherine.  Open daily 10am – 3pm

The Hotel Hershey
100 Hotel Road, Hershey  www.thehotelhershey.com  (533-2171)
A world famous luxury resort hotel featuring outstanding restaurants and a magnificent European Spa.

Hershey Lodge and Convention Center
325 University Drive, Hershey  www.hersheylodge.com  (533-3311)
Pennsylvania’s largest convention resort.  Located across the street from campus.

Hershey Theatre
15 E. Caracas Avenue, Hershey  www.hersheytheatre.com  (534-3405)
One of the largest theatres on the East Coast.  Features touring Broadway shows, classical music and dance performances, and world-renowned entertainers.

Tanger Outlets Hershey
46 Outlet Square, Hershey  www.tangeroutlets.com/hershey  (520-1236)

Indian Echo Caverns
368 Middletown Road, Hummelstown  www.indianechocaverns.com  (566-8131)
Offers a 45-minute guided tour amid the natural beauty of stalagmites, columns, flowstones and lakes.

Antique Automobile Club of America Museum
161 Museum Drive, Hershey  www.aacamuseum.org  (566-7100)
More than 150 antique cars, buses, and motorcycles are on display.  Rotating special exhibits.

Local Antique Shops
Browse the many local antique dealer shops in the area.  A great way to spend a rainy day.

Fun Things to Do – Low Cost or FREE:
In Hershey:
Stroll the nature trails around Shank Park and Bullfrog Valley Pond.
Run, walk, rollerblade, or bike the 13-mile Jonathan Eshenour Memorial Trail around Hershey.  
http://www.derrytownship.org/index.php/jonathan-eshenour-memorial-trail

Enjoy Mini-golf, bumper boats, batting cages, go-carts, laser tag, and a driving range at Adventure Sports in Hershey.  
3010 Elizabethtown Road, Hershey  www.adventurehershey.com  (533-7479)

Rent books, movies, and CD’s for no cost at the local Hershey Public Library.
701 Cocoa Avenue, Hershey  www.hersheylibrary.org  (533-6555)

Check out the classes and activities available at the University Fitness Center.  Membership is FREE for students.  
www.pennstatehershey.org/web/ufc/home  (531-7075)
Outside Hershey:
Appalachian Trail  www.appalachiantrail.org

Gifford Pinchot State Park and Lake
2200 Rosstown Road, Lewisberry  www.dcnr.state.pa.us/stateparks/findpark/giffordpinchot

Middletown & Hummelstown Railroad
136 Brown Street, Middletown  www.mhrailroad.com  (944-4435)

Hawk Mountain Sanctuary
1700 Hawk Mountain Road, Kempton  www.hawkmountain.org  (610-756-6961)

Nissley Vineyards and Winery Estate
140 Vintage Drive, Bainbridge  www.nissleywine.com  (426-3514)

The Vineyard at Hershey
598 Schoolhouse Road, Middletown  www.vineyardathershey.com  (944-1569)

Julius Sturgis Pretzel Bakery – Tour the 200 year old bakery and learn how to twist your own pretzel.
219 E. Main Street, Lititz  www.juliussturgis.com  (626-4354)

Palmyra Bowling
1218 E. Main Street, Palmyra  www.palmyrabowl.com  (838-6341)

Conewago/Lebanon Valley Rail Trails  www.lvtraintrail.com

The National Civil War Museum
One Lincoln Circle at Reservoir Park, Harrisburg  www.nationalcivilwarmuseum.org  (260-1861)

Whitaker Center for Science and the Arts
222 Market Street, Harrisburg  www.whitakercenter.org  (214-ARTS)
Sports

Penn State University Athletics – goPSUsports.com
The Graduate Student Associate of Hershey has a limited number of football game tickets. Details on ticket distribution will be provided by GSA.

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent / Event</th>
<th>Location</th>
<th>Time / Result</th>
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<tbody>
<tr>
<td>09/01/12</td>
<td>vs. Ohio</td>
<td>University Park, Pa.</td>
<td>TBA</td>
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<tr>
<td>09/08/12</td>
<td>at Virginia</td>
<td>Charlottesville, Va.</td>
<td>TBA</td>
</tr>
<tr>
<td>09/15/12</td>
<td>vs. Navy</td>
<td>University Park, Pa.</td>
<td>TBA</td>
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<tr>
<td>09/22/12</td>
<td>vs. Temple</td>
<td>University Park, Pa.</td>
<td>TBA</td>
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<tr>
<td>09/29/12</td>
<td>at Illinois *</td>
<td>Champaign, Ill.</td>
<td>TBA</td>
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<tr>
<td>10/06/12</td>
<td>vs. Northwestern (Homecoming) *</td>
<td>University Park, Pa.</td>
<td>12:00 p.m. ET</td>
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<tr>
<td>10/20/12</td>
<td>at Iowa *</td>
<td>Iowa City, IA</td>
<td>8:00 p.m. ET</td>
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<tr>
<td>10/27/12</td>
<td>vs. Ohio State *</td>
<td>University Park, Pa.</td>
<td>6:00 p.m. ET</td>
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<tr>
<td>11/03/12</td>
<td>at Purdue *</td>
<td>West Lafayette, Ind.</td>
<td>TBA</td>
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<tr>
<td>11/10/12</td>
<td>at Nebraska *</td>
<td>Lincoln, Neb.</td>
<td>TBA</td>
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<td>11/17/12</td>
<td>vs. Indiana *</td>
<td>University Park, Pa.</td>
<td>TBA</td>
</tr>
<tr>
<td>11/24/12</td>
<td>vs. Wisconsin *</td>
<td>University Park, Pa.</td>
<td>TBA</td>
</tr>
</tbody>
</table>

Hershey Bears – AHL Hockey Team (Washington Capitals) – www.hersheybears.com
Try to attend the Hershey Bears Hockey Hersheypark Ticket Promotional game. You will receive a complimentary one-day ticket to Hersheypark for each Hershey Bears hockey ticket purchased. This is a great deal!

Home games are played at the Giant Center. For tickets, call 508-BEAR. Note: a processing fee is added to all tickets purchases online or by fax, phone, or mail. Tickets may be purchased in person at the Giant Center Box Office (534-3911).

Harrisburg Senators – AA Baseball Team (Washington Nationals) – www.senatorsbaseball.com
Games are played at Metro Bank Park on City Island in Harrisburg. Tickets $8 - $32. (231-4444)

Lancaster Barnstormers – www.lancasterbarnstormers.com
Independent league baseball. Games are played at Clipper Magazine Stadium in Lancaster. Tickets $7 – 13. (509-3633)

York Revolution – www.yorkrevolution.com
Independent league baseball. Games are played at Sovereign Bank Stadium in York. Tickets $7 – 13. (801-4487)

Harrisburg CityIslanders – www.cityislanders.com
USL Pro soccer. Games are played at the Skyline Sports Complex on City Island in Harrisburg. Tickets $14. (441-GOAL)
Living Resources

Banks (Hershey/Hummelstown Branch Locations):
Citizens Bank  www.citizensbank.com  1188 Mae Street, Hummelstown (533-4307)
Fulton Bank  www.fultonbank.com  1212 Cocoa Avenue, Hershey (533-4351)
Hershey Federal Credit Union  www.hersheyfcu.org  904 E. Chocolate Avenue, Hershey (533-9174)
M&T Bank  www.mandtbank.com  1661 E. Chocolate Avenue, Hershey (534-2552)
Members 1st Credit Union  www.members1st.org  381 W. Governor Road, Hershey
PNC Bank  www.pnc.com  1250 Cocoa Avenue (in Giant), Hershey (520-9431)
Pennsylvania State Employees Credit Union  www.psecu.com  (1-800-237-7328)
Sovereign Bank  www.sovereignbank.com  1100 Cocoa Avenue, Hershey (533-5500)
Wells Fargo Bank  www.wellsfargo.com  27 Ridge Road, Hershey (533-4550)
Northwest Savings Bank  www.northwestsavingsbank.com  370 W. Governor Road, Hershey (533-1724)

Apartment Complexes:
On Campus Housing:  www.pennstatehershey.org/web/housing/home  (533-8210)
Manor East – One-bedroom apartments are available to one single student, or two domestic partners with no children.
Two-bedroom apartments are available to two single students, or two domestic partners with or without one child.
Three-bedroom apartments are available to two domestic partners with two or three children.
Manor West – Four-bedroom apartments are assigned to four single adult applicants.
International Students – Furnished apartments are being kept aside for international students. It was noted that a lot of international students initially found it hard to get furniture and many of them suggested that having a furnished apartment for the first few months would have been helpful. Once settled, you can get your own furniture and move into a non-furnished apartment or move off campus.

Hershey:
Alpine Heights at Hershey – Bullfrog Valley Road, Hershey  (533-3401)
Briarcrest Gardens – 999 Briarcrest Drive, Hershey  www.briarcrestgardens.com  (533-9377)
Rosedale Apartments – 199 Cherry Drive, Hershey  www.boydwilson.com/rosedale.asp  (533-6677)

Hummelstown:
Brownstone Manor – 535 Alison Drive, Hummelstown  www.brownstonemanor.com  (566-4115)
Hershey Meadows – The Gardens and The Reserve – 201 Osprey Lane, Hummelstown  www.thereserveathersheymeadows.com  (566-8123)
Madison at Hershey Heights – 2151 Gramercy Place, Hummelstown  www.madisonhersheyheights.com  (533-3966)

Middletown:
Aldwyn Court Apartments – 1001 N. Spring Street, Middletown  (944-4183)
Village of Pineford – 1900 Pineford Drive, Middletown  www.villageofpineford.com  (944-4033)
Palmyra:
Shoe Factory Apartments – 201 N. Chestnut Street, Palmyra
www.preferredrealty.com/listing-the-shoe-factory-apts-137.html (367-0300)

Elizabethtown:
Madison at Village Green – 701 E. Willow Street, Elizabethtown www.madisonatvillagegreen.com (367-0865)
Peach Alley Court – 155 S. Poplar Street, Elizabethtown (367-0741)
Willow Ridge Apartments – Willow Street and Radio Road, Elizabethtown

Churches:
All Saints Episcopal
310 Elm Street, Hershey
all-saints-hershey.diocpa.org (533-2454)

Church of the Redeemer UCC
500 W. Chocolate Avenue, Hershey
www.redeemerchurchucc.org (534-1719)

Evangelical Free Church of Hershey
330 Hilltop Road, Hummelstown
www.hersheyfree.com (533-4848)

Hershey Islamic Center
35 E. 2nd Street, Hummelstown
www.hersheysislamiccenter.org

Fishburn United Methodist
1215 Fishburn Road, Hershey
www.fishburnumc.org (534-2262)

Mountain View Bible
34 Sipe Avenue, Hummelstown
(533-5050)

Saint Paul Evangelical Lutheran
850 Hill Church Road, Hummelstown
www.stpaulsandhill.com (533-3218)

Spring Creek Church of the Brethren
335 E. Areba Avenue, Hershey
www.springcreekcob.org (533-7192)

Temple Ohev Sholom
2345 N. Front Street, Harrisburg
www.ohevsholom.org (233-6459)

Beth El Temple
2637 N. Front Street, Harrisburg
www.betheltemplehbg.org (232-0556)

Derry Presbyterian
248 E. Derry Road, Hershey
www.derrypres.org (533-9667)

First United Methodist
64 W. Chocolate Avenue, Hershey
www.firstumchershey.org (533-9668)

Holy Trinity Lutheran
206 Cocoa Avenue, Hershey
www.htluth.org (533-2467)

Kesher Israel Congregation
2500 N. 3rd Street, Harrisburg
www.kesherisrael.org (238-0763)

Saint Joan of Arc
359 W. Areba Avenue, Hershey
www.stjoanhershey.org (533-7168)

Hershey Adventist
610 W. Chocolate Avenue, Hershey
www.hersheyadventish.com (533-7009)

Synagogue Beit Hashem
1105 Paxton Church Road, Harrisburg
www.beithashem.org (651-5330)

Daycare Services:
CCLC – 400 Centerview Lane, Hershey (on campus) www.cclc.com (866-933-2252)
Fishburn Flock – 1215 Fishburn Road, Hershey www.fishburnflock.com (534-2189)
Grace Christian Child Care – 433 E. Main Street, Hummelstown www.gracehummelstown.org/daycare.htm (566-2897)
KinderCare Learning Center – 667 Cherry Drive, Hershey www.kindercare.com (534-1839)
Tender Years – 50 E. Chocolate Avenue, Hershey www.tenderyearsopa.com (533-1466)
U-Gro Child Care Center – 1223 Research Boulevard, Hummelstown www.u-gro.com (866-561-0815)
### Directions to Various Locations of Interest:

<table>
<thead>
<tr>
<th>Location</th>
<th>Time</th>
<th>Route Details</th>
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<tbody>
<tr>
<td>Harrisburg</td>
<td>20 minutes</td>
<td>Rt. 322 West to I-83</td>
</tr>
<tr>
<td>Mechanicsburg</td>
<td>30 minutes</td>
<td>Rt. 322 West to I-83 South to Rt. 581 West to Rt. 11 South</td>
</tr>
<tr>
<td>Lancaster</td>
<td>45 minutes</td>
<td>Rt. 743 South to Rt. 283 East</td>
</tr>
<tr>
<td>York</td>
<td>45 minutes</td>
<td>Rt. 322 West to I-83 South</td>
</tr>
<tr>
<td>Gettysburg</td>
<td>1 hour</td>
<td>Rt. 322 West to I-83 South to Rt. 581 West to Rt. 15 South</td>
</tr>
<tr>
<td>Reading</td>
<td>1 hour</td>
<td>Rt. 743 South to Rt. 283 East to Rt. 30 East to Rt. 22 North</td>
</tr>
<tr>
<td>State College</td>
<td>2 hours</td>
<td>Rt. 322 West (for 100 miles)</td>
</tr>
<tr>
<td>Pennsylvania</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Turnpike East</td>
<td></td>
<td></td>
</tr>
<tr>
<td>East Entrance</td>
<td>20 minutes</td>
<td>Rt. 322 East to Rt. 72 South</td>
</tr>
<tr>
<td>Lancaster</td>
<td>30 minutes</td>
<td>Rt. 322 West to I-283 South</td>
</tr>
<tr>
<td>Philadelphia</td>
<td>1.5 hours</td>
<td>PA Turnpike East to Valley Forge Exit I-76East/Schuylkill Expressway and follow I-76E/Schuylkill Expressway</td>
</tr>
<tr>
<td>Baltimore</td>
<td>1.5 hours</td>
<td>Rt. 322 West to I-83 South</td>
</tr>
<tr>
<td>New York City</td>
<td>3 hours</td>
<td>Rt. 743 North to I-81 North to I-78 East</td>
</tr>
<tr>
<td>Pittsburgh</td>
<td>3.5 hours</td>
<td>PA Turnpike West to I-376 West</td>
</tr>
<tr>
<td>Attractions:</td>
<td></td>
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</tr>
<tr>
<td>Little Buffalo</td>
<td>50 minutes</td>
<td>Rt. 322 West to Rt. 34 North</td>
</tr>
<tr>
<td>State Park</td>
<td></td>
<td>Hollywood Casino/Penn National Race Track – 20 minutes</td>
</tr>
<tr>
<td>PA Turnpike West</td>
<td></td>
<td>Rt. 743 North</td>
</tr>
<tr>
<td>Farm Show Complex</td>
<td>25 minutes</td>
<td>Rt. 322 West to Rt. 22 East to Cameron Street</td>
</tr>
</tbody>
</table>
Travel Services

Please note that if you are using Grant or Departmental money for travel, you must book your trip with Penn State Travel Services (www.travel.psu.edu). DO NOT book anything until you check with your graduate support staff or you may have trouble getting reimbursed! Also, check with your Principal Investigator (PI) as they should be able to guide you.

AAA (American Auto Association) – www.aaa.com – Mae Street, Hummelstown (533-3381)

Train:
Amtrak – www.amtrak.com
Stations in Harrisburg, Middletown, and Elizabethtown. Many trains daily to Philadelphia and New York. One train daily to Pittsburgh.

Local Bus Service (stops at Penn State Hershey):
Capital Area Transit (CAT) – Lebanon Transit – Beiber Tourways/Trailways
Harrisburg/Dauphin County – Lebanon County – Lebanon County and Reading

Bus (Harrisburg Bus Terminal – 411 Market Street):
Greyhound Lines – Fullington Trailways
National – State College, DuBois, Pittsburgh

Bieber Tourways/Trailways – Susquehanna Trailways
Reading, Wilkes Barre, Scranton, Binghamton, York, Reading, Wilkes Barre, Scranton, Binghamton, York,
Baltimore, Washington DC, Lancaster, New York City

Airports:
Harrisburg International Airport (MDT) – One Terminal Drive, Middletown www.flyhia.com
Currently serviced by 7 airlines with 14 non-stop destinations:
Air Canada (Toronto); AirTran (Orlando); American Eagle (Chicago O’Hare); Delta (Atlanta, Cincinnati, Detroit); Frontier (Denver, Orlando); United (Chicago O’Hare, Cleveland, Washington DC Dulles); US Airways (Boston, Charlotte, Philadelphia)

Baltimore Washington International Airport (BWI) – www.bwiairport.com
Philadelphia International Airport (PHL) – www.phl.org
Graduate Student Oath

The oath represents what the graduate students entering into Penn State will strive to achieve. It was written by a group of graduate students, along with the Associate Dean for Graduate Studies, to outline a set of standards and values that we feel are core for a student’s scientific and professional development.

There will be a small ceremony held during orientation where each graduate student, incoming or otherwise, will have the opportunity to take the graduate student oath.

I, ______________________, have entered the serious pursuit of new knowledge as a member of the community of graduate students at The Pennsylvania State University College of Medicine. I will strive to uphold the values of integrity, professionalism and scholarship.

INTEGRITY

I will uphold academic and scientific honesty.

I will conduct research objectively, using my knowledge responsibly.

I will not allow financial gain, competition, or personal ambition to cloud my judgment in the conduct of ethical research and scholarship.

PROFESSIONALISM

I will share knowledge and resources resulting from my research, within the limits of intellectual property agreements.

I will contribute to the public understanding of the scientific process and the impact of my results.

I will minimize the adverse effects of my research on people, animals and the natural world.

SCHOLARSHIP

I will report my results accurately regardless of the expectations set forth by myself, the scientific community, or funding sources.

I will recognize the limits of my knowledge, and will pursue life-long learning.

I will fulfill my responsibility to mentor and instruct the next generation of scientists.
Honor Code

The honor code was written by a group of students, both medical and graduate, to define the high moral and ethical standards that are demanded of those who enter the fields of research and medicine that the College of Medicine student body feels are core for a student’s academic and professional development.

INTRODUCTION
As medical and graduate students of The Pennsylvania State University College of Medicine, we recognize the high moral and ethical standards that are demanded of those who enter the fields of medicine and research. We not only understand these demands, but also embrace them with the realization that our actions and attitudes during these academic years will lay the foundation for our professional careers. Therefore, this honor code was created to outline the basic principles of professionalism and integrity that are upheld by the student body of this institution.

ACADEMICS
1. I will strive to create an environment conducive to the education of myself and others in recognition of the collaborative nature of medicine and research.
2. I will take personal responsibility for the completeness of my own education because mastery of knowledge and skills determines the ability to which I may assist others and excel in my profession.
3. I will ensure that my work is my own in individual assessments.
4. I will recognize the limits of my knowledge and pursue life-long learning.

PROFESSIONALISM

Research
1. I will strive to be ethical when designing, conducting, and evaluating my research.
2. I will perform my experiments meticulously and report all findings truthfully and objectively.

Patient Care
1. I will practice strict confidentiality and exercise personal accountability for my actions.
2. I will show respect and compassion for patients in all interactions, recognizing that they are the central focus of medicine.
3. I will advocate for the best possible care for my patients.

COMMUNITY
1. I will conduct myself in a manner that upholds the integrity of both my school and my profession.
2. I will maintain a respectful and professional attitude in both my school and the greater community in which I live.
3. I will uphold the accepted standards of my profession and will encourage others in my profession to do the same.

We recognize that this honor code cannot and does not attempt to anticipate every possible ethical situation that may arise, but instead reinforces the commitment that students must personally make to ensure that honor guides their everyday professional behavior.

Established by the Medical and Graduate Students of Penn State College of Medicine, 2009
New Parent Accommodations

The guideline for new parent accommodations for graduate assistants and postdoctoral trainees is available on the Graduate School’s website,

http://forms.gradsch.psu.edu/current/newparentaccomodationguideline.pdf

There is a form that needs to be completed and is different for graduate students or postdoctoral scholars and fellows. The graduate student form is available on the Graduate Student Affairs website,

http://med.psu.edu/web/gsa/home/studentresources

Breastfeeding Stations:
There are numerous “Mother’s Lounge” rooms throughout the hospital and College, with privacy curtains and chairs. Several are also equipped with a Medela Symphony hospital-grade pump. Personal attachment kits may be purchased through women’s health. Lactation services – x3754.

<table>
<thead>
<tr>
<th>C3700A (Symphony)</th>
<th>C4700</th>
<th>C5700</th>
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<tbody>
<tr>
<td>H5504</td>
<td>H6504</td>
<td>H7504 (Symphony)</td>
</tr>
<tr>
<td>HCAR 3034</td>
<td>35 Hope Dr (Symphony)</td>
<td>1st floor surgical waiting area</td>
</tr>
</tbody>
</table>

Shuttle Information: Hershey - University Park

Shuttle service is provided to enable students, faculty, and staff in residence at one campus to participate in official University research, administrative, or teaching and learning activities at another campus. This Shuttle is not to be used for personal transportation or for medical appointments.

All riders must show a valid Penn State ID in order to ride the Shuttle. Student ID card holders must also have a valid shuttle pass (in addition to the Penn State ID). This pass is available from Kathy Simon. To obtain a re-usable student pass, the student must have his/her advisor or program director email Kathy Simon (ksimon@hmc.psu.edu) identifying the activity that requires travel between campuses. The Shuttle service runs Monday thru Friday (year-round) excluding holidays and campus closures. Each trip takes approximately 2 hours. http://www.research.psu.edu/about/faculty-staff-resources/hershey-shuttle-service

Current Schedule

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<thead>
<tr>
<th>Departing from University Park</th>
<th>Departing from Hershey</th>
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<tbody>
<tr>
<td>Nittany Lion Inn Front Entrance</td>
<td>Penn State Hershey South BMR Entrance</td>
</tr>
<tr>
<td>Old Main Rear Entrance</td>
<td>CATA Bus Stop</td>
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<tr>
<td>Innovation Park</td>
<td>Penn State Hershey South BMR Entrance</td>
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<td>6:50 a.m.</td>
<td>6:45 a.m.</td>
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<td>6:55 a.m.</td>
<td>8:50 a.m.</td>
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<tr>
<td>4:20 p.m.</td>
<td>6:25 p.m.</td>
</tr>
</tbody>
</table>
Yearly Requirements to Remain in Good Standing...

There are several requirements that need to be completed on an annual basis in order for you to remain in good standing. However, please check with your graduate program support staff for specific details relating to your program/department.

www.pennstatehershey.org/web/gsa/home/studentresources/current/programguidelines

- **Occupational Health & Safety Program (OHSP)** – This must be completed if working with any kind of animal.
- **Annual Safety Training** – Must be completed by all laboratory personnel.

Any questions, contact Doug Kuhn at dkuhn@psu.edu or ext. 5540

http://infonet.hmc.psu.edu/safety/trainingprograms/COM/index.htm

- **Annual Progress Report** – This is to be a documented evaluative discussion between you and your advisor where your advisor tells you how you are doing. It is your responsibility to initiate this meeting and to make sure that the proper paperwork is completed.
- **Committee meetings** – As outline by Graduate School policy, the doctoral committee must meet at least 1 time per year. However, your program or your committee may require additional meetings each year.
- **Seminars** – You must attend seminars as specified by your program and/or advisor. Several programs either take attendance or require a write-up for each seminar attended in a semester.

Thesis and Dissertation Information

The Graduate School, the University Libraries and the graduate faculty of Penn State have established format standards that a thesis or dissertation must meet before receiving final approval as fulfillment of a graduate requirement. The Office of Theses and Dissertations is the unit of the Graduate School responsible for certifying that theses and dissertations have been prepared in accordance with these established regulations.

Every thesis and dissertation must be reviewed for format only and are not edited for spelling, grammar or punctuation. Master's papers are not reviewed by the thesis office.

When a thesis or dissertation is submitted to the Office of Theses and Dissertations, it must meet the formatting and deadline requirements set forth in the latest edition of the **Thesis/Dissertation Guide**. All doctoral dissertations and master's theses must be submitted electronically. For more information on electronic theses and dissertations (eTD), visit this eTD web site (http://www.etd.psu.edu/).

Information Technology Services (ITS) offers PSTT (Penn State Thesis Template). This is a software package that contains templates including styles, macros, toolbars, menus and layouts. http://css.its.psu.edu/theses/

Thesis and Dissertation Information Website: http://www.gradsch.psu.edu/current/thesis.html
Important Numbers on Campus

**Bookstore**
Location: H1260
Phone: x8748
Hours: Monday-Friday 9:00 am – 4:00 pm

**Bursar’s Office**
Location: C1607
Phone: x6126
Hours: Monday-Friday 8:00 am – 4:30 pm

**Computer Help Desk**
Phone: x6281

**Counseling Services for Graduate Students – Dr. George F. Blackall, Psy.D.**
Dr. Blackall will provide counseling for personal and academic difficulties. There is no cost to students who use these services and all records are confidential. The records are NOT part of a student’s academic record. They are treated as health records and are therefore protected under federal law from being disclosed without a student’s permission. Students may request an appointment by contacting Dr. Blackall directly.
E-mail: gblackall@psu.edu
Phone: x6148

**Food Services:**
**Au Bon Pain**
Location: College Lobby
Phone: x3003
Hours: Monday-Friday 6:30 am – 4:00 pm

**Gateway Café**
Location: Hospital Main Entrance
Phone: x 289439
Hours: Monday-Friday 7:00 am – 2:30 pm

**Rotunda Café**
Location: Hospital Rotunda
Phone: x8104
Hours: Monday-Friday 6:30 am – 2:00 am
Saturday-Sunday 6:30 am – 7:00 pm

**Starbucks Coffee**
Location: Hospital East Lobby/Surgical Waiting Area
Phone: 7599
Hours: Monday-Friday 6:00 am – 7:00 pm
Saturday-Sunday 6:30 am – 6:00 pm

**Hospital Operator (for on campus and student phone numbers)**
Hours: 24 hours/day
Phone: x8521

**Housing Office** (med.psu.edu/web/housing/home)
Location: 300 University Manor West
Phone: x8210
Hours: Monday-Friday 8:00 am – 5:00 pm
George T. Harrell Health Sciences Library (med.psu.edu/web/library/home)
Semester Hours: Monday-Thursday 8:00 am – 12:00 am
Friday-Saturday 8:00 am – 10:00 pm
Sunday 10:00 am – 12:00 am
*24-hour study area and computer lab are located on the 2nd floor
*Check with circulation desk for summer hours

Parking Services
Location: CG642
Phone: x3713
Hours: Monday-Friday 8:00 am – 5:00 pm

Post Office
Location: CG701
Phone: x8499
Hours: Monday-Friday 8:00 am – 4:30 pm
Personal mail service window: 11:00 am – 1:15 pm

Security Command Post
Location: Emergency Department main entrance
Phone x8711
*Walking and vehicle escorts are available after dark, call x8711.

Student Health (med.psu.edu/web/studenthealth/home)
Location: UPG-Fishburn Road, 845 Fishburn Road, Hershey (531-5998)
Secretary/scheduler: Janice Mesarick
Hours: Monday-Friday 8:00 am – 4:30 pm
For acute medical problems ‘after hours,’ students may take advantage of the Fishburn Walk-In Clinic. Patients are seen ‘first come-first served.’ This option is significantly less expensive than the emergency department. The Walk-In Clinic operates Monday-Friday 5:00 pm – 9:00 pm and Saturday-Sunday 12:00 pm – 8:00 pm.
At other times, healthcare concerns are forwarded to the hospital nurse triage system.
If you need assistance in traveling to Student Health, please call the shuttle driver (514-4546) to arrange transportation.

University Fitness Center (www.pennstatehershey.org/web/ufc/home)
Semester Hours: Monday-Friday 5:30 am – 9:00 pm
Saturday 8:00 am – 4:00 pm
Sunday 10:00 am – 6:00 pm
*See website for summer hours
Graduate Education Contact Information

Kathy Simon  
Office of Graduate Student Affairs  
Location: C1712  
Phone: x8892  
E-mail: kzs2@psu.edu  
Hours: Monday-Friday 9:00 am – 5:00 pm  
Student Walk-In Hours: Tuesday and Thursday 9:00 am – 2:00 pm

Dr. Michael Verderame  
Associate Dean for Graduate Education  
Location: C1712  
Phone: x6608  
E-mail: mxv8@psu.edu

Dr. Daniel Notterman  
Vice Dean for Research and Graduate Studies  
Location: C1605  
Phone: x7199

Graduate Programs

Anatomy Graduate Program
Patricia McLaughlin, D.Ed.  
Chair  
Location: C3727  
Phone: x6414  
E-mail: pxm9@psu.edu

Dee Clarke  
Administrative Support Coordinator  
Location: C1747H  
Phone: x287626  
E-mail: oyc2@psu.edu

Biomedical Sciences Graduate Program
Ralph Keil, Ph.D.  
Chair  
Location: C5715  
Phone: x8595  
E-mail: rkeil@psu.edu

Karen Shields  
Administrative Support Coordinator  
Location: C3850  
Phone: x1045  
E-mail: kpb2@psu.edu

Kristin Smith  
Enrollment Services Manager  
Location: C3850  
Phone: x285864  
E-mail: kec17@psu.edu

Sarah Bronson, Ph.D.  
Director, Biomedical Sciences Program  
Location: C4710  
Phone: x5194  
E-mail: sbronson@psu.edu

John Flanagan, Ph.D.  
Director, Biochemistry & Molecular Genetics Option  
Location: C5747A  
Phone: x4189  
E-mail: jflanagan@psu.edu

Jong Yun, Ph.D.  
Director, Translational Therapeutics Option  
Location: HCAR3017  
Phone: x1508  
E-mail: jyk1@psu.edu

Todd Schell, Ph.D.  
Director, Virology & Immunology Option  
Location: C6804A  
Phone: x8169  
E-mail: tschell@psu.edu
Biostatistics Graduate Program
Arthur Berg, Ph.D. Director
Location: T3416 Phone: x3039 E-mail: aberg1@hmc.psu.edu
Mardi Sawyer Program Manager
Location: ASB 2200 Phone: x1286 E-mail: msawyer@phs.psu.edu
Mail Code: A210
Kelly Hollenbeak Program Coordinator
Location: ASB 2200 Phone: x7178 E-mail: khollenbeak@psu.edu

Homeland Security Program – Public Health Preparedness Option
Robert Cherry, Ph.D. Director
Location: C1524 Phone: x6066 E-mail: rcherry@psu.edu
Rachel Reager Administrative Support Coordinator
Location: C1712 Phone: x285655 E-mail: reager@psu.edu
Mail Code: H170

Lab Animal Medicine Program
Ronald Wilson, Ph.D. Chair
Location: CG721 Phone: x8460 E-mail: rpw4@psu.edu
Nannette Kirst Administrative Support Coordinator
Location: CG721 Phone: x8460 E-mail: nmk3@psu.edu
Mail Code: H054

MPH Program
Roger Anderson, Ph.D. Director
Location: ASB 2200 Phone: x1502 E-mail: rtabers@psu.edu
Sara Baker, MSW Associate Director
Location: ASB 2102 Phone: x1175 E-mail: sbaker7@psu.edu
Teresa Kern, Ph.D. Associate Director
Location: ASB 2200 Phone: x1502 E-mail: tkern@phs.psu.edu
Farah Kauffman Program Manager
Location: ASB 2304E Phone: x4294 E-mail: fkauffman@psu.edu
Mail Code: A210
Amanda Perry Program Coordinator
Location: ASB 2200 Phone: x6280 E-mail: aperry@phs.psu.edu

Molecular Medicine Graduate Program
Charles Lang, Ph.D. Co-Chair
Location: C4765 Phone: x5538 E-mail: clang@psu.edu
Kathy Shuey Administrative Support Coordinator
Location: C1712 Phone: x8982 E-mail: kes6@psu.edu
Mail Code: H170
<table>
<thead>
<tr>
<th>Program</th>
<th>Chair</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Molecular Toxicology Graduate Program</td>
<td>Jong Yun, Ph.D.</td>
<td>x1508</td>
<td><a href="mailto:jyk1@psu.edu">jyk1@psu.edu</a></td>
</tr>
<tr>
<td></td>
<td>Kathy Shuey</td>
<td>x8982</td>
<td><a href="mailto:kes6@psu.edu">kes6@psu.edu</a></td>
</tr>
<tr>
<td>MD/PhD Program</td>
<td>Robert Levenson, Ph.D.</td>
<td>x4545</td>
<td><a href="mailto:rgl6@psu.edu">rgl6@psu.edu</a></td>
</tr>
<tr>
<td></td>
<td>Leslie Parent, M.D.</td>
<td>x8881</td>
<td><a href="mailto:lparent@hmc.psu.edu">lparent@hmc.psu.edu</a></td>
</tr>
<tr>
<td></td>
<td>Barb Koch</td>
<td>x1188</td>
<td><a href="mailto:bjin3@psu.edu">bjin3@psu.edu</a></td>
</tr>
<tr>
<td>Neuroscience Graduate Program</td>
<td>Patricia Sue Grigson, Ph.D.</td>
<td>x5772</td>
<td><a href="mailto:psg6@psu.edu">psg6@psu.edu</a></td>
</tr>
<tr>
<td></td>
<td>Kathy Shuey</td>
<td>x8982</td>
<td><a href="mailto:kes6@psu.edu">kes6@psu.edu</a></td>
</tr>
<tr>
<td>Physiology Graduate Program</td>
<td>Chester Ray, Ph.D.</td>
<td>x5110</td>
<td><a href="mailto:car20@psu.edu">car20@psu.edu</a></td>
</tr>
<tr>
<td></td>
<td>Lisa Harman</td>
<td>x8566</td>
<td><a href="mailto:lsb10@psu.edu">lsb10@psu.edu</a></td>
</tr>
<tr>
<td>Public Health Sciences Program</td>
<td>Douglas Leslie</td>
<td>x1259</td>
<td><a href="mailto:douglas.leslie@psu.edu">douglas.leslie@psu.edu</a></td>
</tr>
<tr>
<td></td>
<td>Mardi Sawyer</td>
<td>x1286</td>
<td><a href="mailto:msawyer@psu.edu">msawyer@psu.edu</a></td>
</tr>
</tbody>
</table>
On behalf of the Penn State College of Medicine and Hershey Medical Center, we welcome you to Penn State Hershey.

The **mission** of the Office of Postdoctoral Affairs is to support the training and education of postdoctoral scholars and fellow in the College of Medicine and their faculty advisors.

The **goals** of the Office are to:

- Serve as a central resource of information for postdoctoral scholars and fellows.
- Serve as a source of advocacy for postdoctoral issues and to advance institutional initiatives concerning postdoctoral scholars and fellows.
- Develop and administer institutional policies for postdoctoral scholars and fellows.
- Provide professional development and informational programs targeted to postdoctoral scholars and fellows.
- Provide support for the Hershey Chapter of the Penn State Postdoctoral Society and activities such as Data & Dine.
- Provide resources for faculty engaged in postdoctoral training.
- Be a national model for professional development of postdoctoral trainees.

We provide orientation sessions and professional development workshops specifically for postdoctoral scholars and fellows. Topics include job search, career goal setting, rant-writing, presentation skills, poster preparation, and taxes for international scholars. Look for announcements for upcoming sessions!

Postdoctoral appointments at Penn State are guided by Penn State Policy HR68 ([http://guru.psu.edu/policies/OHR/hr68.html](http://guru.psu.edu/policies/OHR/hr68.html)). You should become familiar with this policy. The faculty of the College of Medicine have also endorsed the AAMC “Compact Between Postdoctoral Appointees and Their Mentors” ([https://www.aamc.org/initiatives/postdoccompact/](https://www.aamc.org/initiatives/postdoccompact/)). Penn State is also an institutional member of the National Postdoctoral Association.

We strongly encourage you to use the training opportunities here to enhance your future careers. A key aspect is goal setting and career planning. We recommend that you discuss your career goals with your advisor and establish an Individual Development Plan (IDP). You can download a template for an IDP from the FASEB website.

Please do not hesitate to contact us if you have questions or need advice.

Again, welcome to Penn State Hershey!

Jianming Hu, M.D., Ph.D.  
Director, Office of Postdoctoral Affairs  
Juh13@psu.edu

Mary Leone  
Administrative Coordinator, Office of Postdoctoral Affairs  
mleone1@hmc.psu.edu  
717-531-4565
Penn State Hershey Postdoctoral Society (PSHPS)

WELCOME TO HERSHEY!

We are excited that you have chosen Penn State University-Hershey to continue your educational and professional training. The Penn State Hershey Postdoctoral Society’s mission is to enhance your postdoctoral experience here at Penn State. The Hershey campus is a part of The Pennsylvania State University (PSU). PSU has a total of 450 postdoctoral scholars and fellows university wide with approximately 110 postdoctoral scholars and fellows located on the Hershey campus.

Our Postdoc Society has 2 chapters: Penn State Hershey Postdoctoral Society-Hershey (PSHPS) and the second located at University Park at PSU’s main campus. We help with both professional and personal development, providing workshops and information on various topics including goal setting, grant writing, and family issues. We also work with the Postdoctoral office to represent any and all postdoctoral issues to the university administration.

The Postdoc Society has established the Bond Bradley Travel Award, which will be award to two postdoctoral scholars or fellows at Penn State Hershey. Candidates for these awards are nominated by his/her mentor to attend a domestic or international scientific conference, and selected by the Penn State Hershey Postdoctoral Society Travel Award Committee. These travel awards are made possible by a generous donation from Drs. Judith S. Bond and S. Gaylen Bradley to the Penn State Hershey Postdoctoral Society.

To help with professional development and encourage social interaction, we organize two primary events: Data and Dine and the Postdoc Family Picnic. Data and Dine is held in November and is an informal opportunity for postdocs to present their research to other postdocs and Penn State faculty while enjoying food and drinks. We invite all postdocs to present their research at this fun and relaxed event. Other social events such as Happy Hour, ice cream social and etc. are planned through the year.

This society exists by and for the postdocs. We are always looking for new and motivated members to join us to make our experience more enjoyable and represent our population. Please do not hesitate if you wish to participate, we would love for you to join us.

The information on the following pages is specific for postdocs. While this booklet is not a comprehensive listing of all information you will need, we hope it will provide a starting point for you as you begin to settle into your new home.

Please feel free to contact the PSHPS or the Office of Postdoctoral Affairs with any questions or concerns you may have.
Important Information for All Postdoctoral Scholars/Fellows

Important People, Places, and Dates:

Office of Postdoctoral Affairs
Director: Dr. Jianming Hu (juh13@psu.edu)
Administrative Coordinator: Mary Leone (mleone1@hmc.psu.edu)
Office location C 1602
Phone extension x4565

Office of Faculty and Professional Development
Associate Dean: Dr. Ann Ouyang (aouyang@psu.edu)
Administrative Coordinator: Donna Harris (dharris1@hmc.psu.edu)
Office Location C 1602
Phone extension x1101

Office of Research Affairs
Associate Dean Dr. Sheila Vrana (svrana@psu.edu)
Administrative Coordinator: Cynthia Brubaker (cbrubaker@hmc.psu.edu)
Office Location C 1604, C 1614
Phone extension Grants- x8495; Contracts- x4196

Human Resources Representative
Alicia Rodriguez (arodriguez@psu.edu)
Office Location Academic Support Building RM 5200
Phone extension x4386

Penn State Postdoctoral Society-Hershey Chapter
Administrative Coordinator: Mary Leone (mleone1@hmc.psu.edu)

Data and Dine Fall of 2012
(An evening of science presentation and networking with colleagues)

Helpful Resources:
National Postdoctoral Association: www.nationalpostdoc.org
Penn State Hershey Postdoctoral Society (PSHPS) Facebook: www.facebook.com/#!/groups/pshps
Penn State Postdoctoral Society: psp.s.wikidot.com
Change of Residence to Pennsylvania:
For the most up to date information, please visit: [www.dmv.state.pa.us.new_residents/index.shtml](http://www.dmv.state.pa.us.new_residents/index.shtml).

In general, you will need to apply for your new driver’s license within 60 days of moving to PA. At this time, you can also register and re-title your vehicle(s). You will need two forms of identification (out of state driver’s license, social security card, or passport) and proof of residency (utility bills in your name).

You will need PA vehicle insurance before you can register and re-title your vehicle(s).

Getting your license, registering and re-titling your vehicle can all be done at one location and takes 2-3 hours depending on the wait. Some locations are open on Saturday.

Health Insurance:
For the most up to date information, including rates, please visit the Office of Human Resources website: [www.ohr.psu.edu](http://www.ohr.psu.edu).

Penn State medical coverage is Highmark PPOBlue, administered by Highmark Blue Shield. Dental coverage is administered by United Concordia (UCCI) and vision coverage is offered by Highmark Blue Shield and administered by Davis Vision. Postdocs and eligible dependents may enroll in these benefits.

Life Insurance:
Penn State provides a Post Doctoral with the opportunity to purchase group term life insurance coverage equal to the annual stipend. The insurance amount will be rounded to the nearest thousand dollars and will not exceed $50,000. The cost per $1,000 of life insurance coverage is determined by your age. Additional information is available on the Office of Human Resources website: [www.ohr.psu.edu](http://www.ohr.psu.edu).

Tax-Deferred Annuities (Retirement Information):
Retirement savings options available to Postdoctoral Scholars and Fellows are limited to contributions to either a Traditional or Roth Individual Retirement Account (IRA). Traditional IRAs offer the opportunity to reduce federal taxable income, subject to IRS limitations, when federal income tax returns are filed.

IRA enrollment and payment options are done on an individual basis and are unrelated to University benefit programs. Traditional and Roth IRAs are available from insurance companies and mutual fund companies, as well as most banks.

Important Information for International Postdoctoral Scholars/Fellows

Obtaining a VISA:
Human Resources (HS) will be in contact with you regarding all paperwork and information they need from you. When you have clearance from your local U.S. consulate, you may schedule your arrival in Hershey. Depending on your country of origin, the administrative delays will vary. Do your best to be familiar with your requirements so you can arrive in Hershey in a timely manner.

Informational websites:
U.S. Visa Policy and Procedures: [travel.state.gov/visa/visa_1750.html](http://travel.state.gov/visa/visa_1750.html)
Visa application wait times: [travel.state.gov/visa/temp/wait/wait_4638.html](http://travel.state.gov/visa/temp/wait/wait_4638.html)
Arriving in Hershey:
You have to check in with HR within 3 business days following your arrival. If possible, arrange/schedule a meeting with your HR representative before you arrive.

Obtaining a Social Security Number:
Postdocs need to apply for a social security card in order to get paid for their work. Your social security number is used to keep a record of your earnings. It is very important to wait 10 days after your arrival before applying for a Social Security Number (SSN).

You will need your passport, immigration documents, and the appointment letter from Penn State to fill out the applications. It may take anywhere from 3-6 weeks to receive your social security number. The HR office should be able to help you with the application. You may download a copy of the application on the Social Security Administrations website: www.ssa.gov/ssnumber.

Having the social security number (even if you haven’t yet received the card) is enough for many administrative forms (but not for a driver’s license).

A spouse on a J-2 visa is not eligible for a SSN unless he/she has a work permit. A letter stating that they are not eligible can be used to get a driver’s license.

Social Security Office Locations:
Harrisburg – 555 Walnut Street
Lebanon – 924 Russell Drive
1-800-772-1213 or 717-782-3400
1-800-772-1213 or 717-272-5342
Hours: Monday through Friday 9:00 a.m. to 4:00 p.m. except Federal Holidays

Obtaining a PA Driver’s License:
For up to date information, please visit www.dmv.state.pa.us

You will need to bring your actual Social Security Card and a letter from HR or your department stating that you will be here for a least a year (ask for this letter at your HR appointment).

If you have a foreign driver’s license:
You may drive for a few months with an international driver’s license. The duration will vary depending on your country of origin or Visa, from 3 months to 1 year. Check your specific requirements.

A reciprocity agreement exists between the state of PA and the countries of France and Germany. This agreement allows a French or German citizen to transfer their valid non-commercial driver’s license without a test. You’ll have to give back your national driver’s license in exchange for a PA one. Your home country has to give approval before the process can be completed. It can take up to 3 or 4 weeks depending on the administration and you may drive with your international driver’s license while your application is pending.

All other countries must apply for a Pennsylvania learner’s permit, followed by the test. The practical test must be taken in a car that is registered to someone that has a valid PA driver’s license and insurance papers.

**Note: taxi cab drivers will not allow you to use their taxi for this text.

Opening a US bank account:
You will need a valid US address, your usual papers (passport, visa, etc.) and your SSN card. It may take up to 3 weeks for HR to process your financial information so your first paycheck may be a check instead of direct deposit. For a list of local banks, please see “Living Resources.”
Credit History:
If this is your first visit to the U.S., you do not have credit history. It is important to start building your credit history as soon as possible. Credit history is required for most items including renting an apartment, buying a car or house, and obtaining utilities at your place of residence. Your credit score (or absence of it) is important in determining your car loan rate, insurance rate, or even your phone bill and rent.

To begin building your credit history, you may want to consider applying for department store credit cards like Gap, Old Navy, LL Bean, etc. You may also want to consider getting a Visa or MasterCard. All major credit card companies have options for individuals with limited credit history.

NOTE: Please read all the conditions and terms of the credit card before signing up. Not all credit cards are the same. Some have an annual fee (money paid just for having the credit card) and higher interest rates.

Apartments:
A list of local apartments is listed in the “Living Resources” section. Each apartment complex will have different requirements. It is important to meet with the leasing agent regarding your application. Be sure to have all of your information with you, including:

- Proof of payment for the last 3-6 months.
- How much money you have in your foreign bank account – certificate from the bank that you are not a credit risk.
- Proof of marriage or wedding arrangements if applying jointly with your partner.
- Copy of your employment offer letter from Penn State indicating your salary and length of appointment.

Deposits:
Most utility companies require a credit history. If you do not have a credit history, you may still get service, however, you may be asked for a deposit before the service begins.

- Verizon wireless asked for $150-300 per line. If you do not have any incidents (i.e. no late payments) they begin to reimburse you 12 months after the first bill.
- Comcast cable (landline phone, TV, internet) will ask for a deposit.
- PPL (electricity) may waive some deposit fees.
- UGI (natural gas) may require a deposit and additional installment fees may apply.

Please be aware that companies may ask for these deposits upfront and they may total $1,000 or more. You may also be required to pay a deposit upfront when renting an apartment.

Car Insurance:
If you are buying a car, you’ll need proof of car insurance. Progressive Auto Insurance will insure a person with a foreign driver’s license.

Even if you already have your PA driver’s license when buying your car, insurance can be very expensive since you do not have any driving or credit history in the US ($1000 and up for 6 months).

As the time passes and you get your PA driver’s license, your payment amount will come down. If you get the driver’s license during the first 6 months, you could ask for a price decrease. They usually reimburse you of some expenses. After the first 6 months, you can shop around for better rates.
**Furniture:**
There are many different shops in the area that sell furniture ranging from everyday to high-end luxury items. You can find everyday items at Target, Kmart and Wal-Mart inexpensively. Locations and other furniture store information are listed in the “Local Stores” section. There are many furniture stores located on Route 22 in Harrisburg.

The bulletin boards around the Hospital/College are posted with advertisements from people selling items. You may also receive information about furniture for sale from the postdoc listserv. You may also find second hand goods online, harrisburg.craigslist.org. Some items will even be free but you’ll need to haul them.

**English Assistance**
Some associations offer English classes for ESL (English as a Second Language). Most are through church programs so you’ll have to be comfortable with religion being part of the class. They also have children’s programs and support groups for a partner that is currently at home.

HACC (Harrisburg Area Community College) has ESL classes, but they are semester-long enrollments that may not be compatible with a full-time postdoctoral position. It is best to ask your advisor for permission/advice. For more information, please visit www.hacc.edu.

Susan Newell has also offered her services for a fee (533-0347). She is local and comes highly recommended. Please see Kathy Simon (C1712) for additional information.

You may also be able to find a private tutor, however, you will need to ask around.
BASIC HOSPITAL ROOM NUMBERING SYSTEM

South Parking Garage

Rotunda
- Entrance
- Elevator

ENTRANCES
1. Hospital Entrance
2. Cancer Institute Entrance
3. Emergency Entrance
4. HVI/North Entrance
5. College Entrance
6. South Annex
7. South Entrance
8. Future Children's Hospital Entrance

Room Number Key: X = Floor

Note: Hospital room numbers begin with H, College with C.
G is ground floor,
Cancer Institute with T
Children's Hospital with P